## Environmental Monitoring Procedures


#### Abstract

$3 M^{\text {TM }}$ Petrifilm ${ }^{\text {TM }}$ Plates are a convenient and reliable way to detect environmental microbial contamination. The construction of 3M Petrifilm Plates allows them to be used for direct contact or swab contact monitoring procedures, as well as air sampling procedures.




Air Sampling


Surface Contact


Swabbing

## Hydration Procedures for Air or Direct Contact Methods

Aerobic Count
Coliform Count
E. coli/Coliform Count

Rapid Coliform Count
Enterobacteriaceae Count
Yeast and Mold Count
Rapid Yeast and Mold
Count
Rapid E. coli/Coliform Count

Staph Express System

Rapid Aerobic Count

Hydrate plates with 1 mL of appropriate sterile diluent for a minimum of 1 hour before use. Allow hydrated plates to remain closed for a minimum of 1 hour before use.

Hydrate plates with 1 mL of appropriate sterile diluent. Refrigerate hydrated plates at $2-8^{\circ} \mathrm{C}\left(36-36^{\circ} \mathrm{F}\right)$ for a minimum of 3 hours before use.

Hydrate plates with 1 mL of appropriate sterile diluent. For air sampling, refrigerate at $2-8^{\circ} \mathrm{C}\left(36-46^{\circ} \mathrm{F}\right)$ for a minimum of 1 day ( 24 hours) before use. For direct contact samples, refrigerate at $2-8^{\circ} \mathrm{C}\left(36-46^{\circ} \mathrm{F}\right)$ for a minimum of 3 days before use.

Store all hydrated 3M Petrifilm Plates in sealed pouch or plastic bag. Protect plates from light and refrigerate at $2-8^{\circ} \mathrm{C}\left(36-46^{\circ} \mathrm{F}\right)$. Hydrated 3M Petrifilm Aerobic Count Plates may be refrigerated up to 14 days, 3M Petrifilm Rapid Yeast and Mold Count Plates may be refrigerated up to 1 day (24 hours) and all other hydrated 3M Petrifilm Plates may be refrigerated up to 7 days.

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## 3M Petrifilm Plate Air Sampling Method


(1)

Use a 3M Petrifilm Plate clip in combination with double-sided tape. Position hinged edge of hydrated 3M Petrifilm Plate into clip. Apply a small piece of double-sided tape to each end of the clip handle

Double-sided tape can also be used with or without clip for positioning of 3M Petrifilm Plates for air sampling.


4
Incubate and enumerate as directed in product instructions Refer to 3M Petrifilm Plate Interpretation Guide when enumerating results.


Without touching circular growth area, lift top film portion of hydrated plate and peel back until outer portion of film adheres to the tape. Make sure top film lies flat across clip.


Expose 3M Petrifilm Plate to air for no longer than 15 minutes. Remove tape and rejoin the top and bottom films.

Air Sampling Method
Results
3M Petrifilm Plates: Aerobic
Count, Coliform Count, E. coli/
Coliform Count, Rapid Coliform
Count, Enterobacteriaceae
Count
Results: count/40 cm²

3M Petrifilm Plates: Staph Express Count, Yeast and Mold Count, Rapid Yeast and Mold Count, Rapid Aerobic Count, Rapid E. coli/Coliform Count Results: count/60 cm²

## 3M Petrifilm Plate Direct Contact Method



1
Using a hydrated 3M Petrifilm Plate, carefully lift top film. Avoid touching circular growth area. Gel will adhere to top film.

## $3 \mathrm{M}^{\text {TM }}$ Petrifilm ${ }^{\text {TM }}$ Yeast and

 Mold Count Plates: On occasion, the gel may split (adhering to both the top and bottom films) when the top film is lifted. If this happens, the plate with gel splitting may still be used for air testing, but is not recommended for direct contact use.

2 Allow the circular gel portion of the top film to contact the surface being tested. Gently rub fingers parallel to the surface over the outer film side of the gelled area to ensure good contact with surface. Rejoin the top and bottom films.

(3)

Incubate and enumerate as directed in product instructions. Refer to 3M Petrifilm Plate Interpretation Guide when enumerating results.

## Direct Contact

Method Results
3M Petrifilm Plates: Aerobic
Count, Coliform Count, E. coli/
Coliform Count, Rapid Coliform
Count, Enterobacteriaceae
Count
Results: count/20 cm²

3M Petrifilm Plates: Staph Express Count, Yeast and Mold Count, Rapid Yeast and Mold Count, Rapid Aerobic Count, Rapid E. coli/Coliform Count

Results: count $/ 30 \mathrm{~cm}^{2}$

## 3M ${ }^{\text {™ }}$ Quick Swab Method (wet swabbing method)*



1 Remove the desired quantity of 3M Quick Swabs from the resealable plastic bag. Label the swab.


2 At the sampling location, prepare the swab by holding it with the bulb end near your thumb. Bend the red snap valve at a $45^{\circ}$ angle until you hear the valve break. This allows the letheen broth to flow into the tube and wet the swab head.


5 Hold the swab handle to make a $30^{\circ}$ angle with the surface. Firmly rub the swab head slowly and thoroughly over the desired surface area. Rub the head of the swab three times over the surface, reversing direction between alternating strokes.


Squeeze the bulb of the swab to transfer all of the letheen broth to the tube end of the swab.


6
After sampling is complete, securely insert the swab head back into the swab tube and transport to the lab for plating Plate the letheen broth swab solution as soon as possible.


Carefully pour entire contents of the tube onto a 1 mL 3 M Petrifilm Plate. Follow current industry standards for disposal.

Alternative Swab Method
3M Petrifilm Plates can be used with other swabbing techniques, however the
rinse solution used must be compatible with 3M Petrifilm Plates.
*For 3M Quick Swab dry swabbing method, see 3M Quick Swab product instructions.

## Inoculation Procedures

## 1 mL Inoculation Procedure



7
In the lab, vigorously shake or vortex the swab for 10 seconds, to release bacteria from the swab tip.


8a
Release the contents of the swab tip by pressing and twisting the swab against the wall of the tube.

## Multi-mL Inoculation Procedure



7b
Remove the swab from the tube. Add $1-3 \mathrm{~mL}$ of sterile diluent to the swab tube. Replace the swab in the tube. Complete steps $7 a$ and 8 a of the 1 mL Inoculation Procedure from above.


8b
Use your thumb to bend the swab tube at a $90^{\circ}$ angle at the highest mark that has diluent above it. Pour off a 1 mL aliquot onto a 3M Petrifilm Plate. Repeat onto a new plate until the entire sample is used.


9b
Incubate and enumerate as directed in product instructions. Refer to 3M Petrifilm Plate Interpretation Guide when reading results.


10a
Incubate and enumerate as directed in product instructions. Refer to 3M Petrifilm Plate Interpretation Guide when enumerating results.

3M Quick Swab Method Results

1 mL Inoculation Procedures:
3M Petrifilm Plate count $x$ volume of diluent
$(1 \mathrm{~mL})=$ total count/area sampled.
Example: If area tested was $5 \mathrm{~cm}^{2}$ and number
of colonies on plate after incubation was 100,
your result would be: $100 \mathrm{CFU} \times 1 \mathrm{~mL}=100$ CFU/5 cm ${ }^{2}$

Multi-mL Inoculation Procedures: 3M Petrifilm Plate count x volume of diluent $(1 \mathrm{~mL}+$ added $)=$ total count/area sampled.

Example: If area tested was $5 \mathrm{~cm}^{2}$ and 2 mL were added (for total of 3 mL ) and number of colonies after incubation was 100, your result would be: $100 \mathrm{CFU} \times 3 \mathrm{~mL}=300 \mathrm{CFU} / 5 \mathrm{~cm}^{2}$

## 3M ${ }^{\text {TM }}$ Swab Sampler Method



1
Label the 3M Swab Sampler. Unscrew the cap from the tube and aseptically remove the swab from the tube.


5
Return swab to the tube.

(19)

Unscrew the cap, release out the contents of the swab tip by pressing and twisting the swab against the wall of the tube. Remove swab from tube.

(2)

Aseptically swab across the sampling surface while rotating the swab.

6. Repeat Step 2. Change direction $45^{\circ}$ and aseptically swab the same sampling surface while rotating the swab.


10
Using a pipettor with a sterile tip, draw 1 mL from the tube and dispense onto a 3M Petrifilm Plate. Repeat for additional plates as needed.

(3)

Return swab to the tube.


Return swab to the tube. Screw cap tight to close.


11
Incubate and enumerate as directed in product instructions. Refer to 3M Petrifilm Plate Interpretation Guide when reading results.

Letheen broth 3M Swab Samplers are available in variety of sizes: $1 \mathrm{~mL}, 4 \mathrm{~mL}, 5 \mathrm{~mL}, 10 \mathrm{~mL}$

3M Food Safety offers a full line of products to accomplish a variety of your microbial testing needs. For more product information, visit us at www.3M.com/foodsafety

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[^0]:    *See relevant 3M Petrifilm Plate product instructions for details and listing of appropriate diluents. If sanitizers are present, use letheen broth for both the direct contact and swab contact methods.

